



Your Facility Name/Cycle/Year

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast:</b> Orange Juice Blend Creamed Wheat Scrambled Egg Cinnamon Toast Milk	Orange Juice Blend Oatmeal French Toast HM Hot Buttered Syrup Milk	Orange Juice Blend Cream Of Rice Cheesy Scrambled Egg Bu Wheat Toast Apple Jelly Pkt Milk	Orange Juice Blend Malt-O-Meal Scrambled Egg Baked Bacon Bu Wheat Toast Grape Jelly Pkt Milk	Orange Juice Blend Creamed Wheat Hard Fried Egg Baked Bacon Bu Wheat Toast Grape Jelly Pkt Milk	Orange Juice Blend Oatmeal Creamed Sausage Biscuit-Bu Grape Jelly Pkt Milk	Orange Juice Blend Cream Of Rice Cheesy Scrambled Egg Bu Wheat Toast Strawberry Jam Pkt Milk
<b>Noon:</b> Baked Chicken Poultry Gravy Rice Pilaf Broccoli Cheese Sauce Roll/Marg Apple Crisp Beverage of Choice	Pork Roast Pan Gravy Candied Sweet Pot. Bu Cabbage Roll/Marg Cherry Cake Whipped Topping Beverage of Choice	Veal Parmesan Spaghetti-Bu Italian Green Beans Roll/Marg Pineapple Tidbits Beverage of Choice	Salisbury Steak/Gravy Mashed Potatoes Bu Parsley Carrots Roll/Marg Emerald Applesauce Beverage of Choice	Baked Ham Au Gratin Potatoes Bu Spinach Roll/Marg Cherry Crisp Beverage of Choice	Rice & Chicken Cass Bu Green Peas Roll/Marg Blushing Pears Beverage of Choice	Crispy Pork Steak Country Potatoes Harvard Beets Roll/Marg Applesauce Beverage of Choice
<b>Evening:</b> Hamburger/Bun Mustard French Fries Ketchup Lettuce/Dressing Apricots Milk	Pizza Pot Pie Bu Carrots Corn Muffin/Marg Fresh Orange Milk	Vegetable Soup HM Crackers Fish Sandwich Oatmeal Spice Cake Whipped Topping Milk	Turkey A La King Bu Mixed Vegetables Biscuit-Bu Pumpkin Bars Whipped Topping Milk	Sloppy Joe/Bun Baked Tator Tots Ketchup Bu Corn Mandarin Oranges Dill Chips-Ga Milk	Hot Dog/Bun Shred Cheddar Cheese Homestyle Bkd Beans Ketchup Mustard Tossed Sld/Drsg Chocolate Brownie Milk	Tuna Salad Snd W Crm Of Broccoli Soup Crackers Three Bean Salad Apricots Milk

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<b>Breakfast:</b> Orange Juice Blend Creamed Wheat Scrambled Egg Cinnamon Toast Milk  <b>Alternate:</b> Apple Juice Cornflakes Cheese Toast	Orange Juice Blend Oatmeal French Toast HM Hot Buttered Syrup Milk  Apple Juice Branflakes Scrambled Egg Bu Wheat Toast Grape Jelly Pkt	Orange Juice Blend Cream Of Rice Cheesy Scrmbl'd Egg Bu Wheat Toast Apple Jelly Pkt Milk  Apple Juice Rice Krispies Peanut Butter Bu Toast Grape Jelly Pkt	Orange Juice Blend Malt-O-Meal Scrambled Egg Baked Bacon Bu Wheat Toast Grape Jelly Pkt Milk  Apple Juice Branflakes Cottage Cheese Bu Toast Strawberry Jam Pkt	Orange Juice Blend Creamed Wheat Hard Fried Egg Baked Bacon Bu Wheat Toast Grape Jelly Pkt Milk  Apple Juice Cornflakes French Toast HM Hot Buttered Syrup	Orange Juice Blend Oatmeal Creamed Sausage Biscuit-Bu Grape Jelly Pkt Milk  Apple Juice Branflakes Hard Boiled Egg English Muffin Assorted Jelly Pkt	Orange Juice Blend Cream Of Rice Cheesy Scrmbl'd Egg Bu Wheat Toast Strawberry Jam Pkt Milk  Apple Juice Rice Krispies Sausage Pattie Bu Toast Grape Jelly Pkt
<b>Noon:</b> Baked Chicken Poultry Gravy Rice Pilaf. Broccoli Cheese Sauce Roll/Marg Apple Crisp Beverage of Choice  <b>Alternate:</b> Veal Steak/Gravy Bu Parslied Noodles Bu Carrots Wheat Bread/Marg Sugar Cookie	Pork Roast Pan Gravy Candied Sweet Pot. Bu Cabbage Roll/Marg Cherry Cake Whipped Topping Beverage of Choice  Chicken Pattie Mac/Chse Sauce Bu Green Beans Wheat Bread/Marg Ice Cream	Veal Parmesan Spaghetti-Bu Italian Green Beans Roll/Marg Pineapple Tidbits Beverage of Choice  Hmbrgr Stk/Onion Gravy Baked Potato Bu Green Peas Wheat Bread/Marg Diced Peaches	Salisbury Stk/Gravy Mashed Potatoes Bu Parsley Carrots Roll/Marg Emerald Applesauce Beverage of Choice  Pork Roast Pan Gravy Bread Dressing Lettuce/Dressing Wheat Bread/Marg Banana	Baked Ham Au Gratin Potatoes Bu Spinach Roll/Marg Cherry Crisp Beverage of Choice  Veal Parmesan Bu Parslied Noodles Bu Cauliflower Wheat Bread/Marg Choc Chip Cookie	Rice & Chicken Cass Bu Green Peas Roll/Marg Blushing Pears Beverage of Choice  Hamburger Pattie Brown Gravy Mashed Potatoes Bu Carrots Wheat Bread/Marg Pineapple Crushed	Crispy Pork Steak Country Potatoes Harvard Beets Roll/Marg Applesauce Beverage of Choice  Breaded Fish Rect Tartar Sauce Mac/Chse Sauce Bu Lima Beans Wheat Bread/Marg Banana

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<b>Evening:</b> Hamburger/Bun Mustard French Fries Ketchup Lettuce/Dressing Apricots Milk  <b>Alternate:</b> BBQ Pork Rib Bu Corn Cole Slaw Bun, Hamburger Banana	Pizza Pot Pie Bu Carrots Corn Muffin/Marg Fresh Orange Milk  Polish Sausage Mashed Potatoes Sauerkraut Rye Bread Diced Pears	Vegetable Soup Crackers Fish Sandwich Oatmeal Spice Cake Whipped Topping Milk  Pepperoni Pizza Bu Corn Tossed Sld/Drsg Sugar Cookie	Turkey A La King Bu Mixed Vegetable Biscuit-Bu Pumpkin Bars Whipped Topping Milk  Hot Dog/Bun Shred Cheddar Chs Ketchup Macaroni & Tomato Bu Beets Vanilla Ice Cream	Sloppy Joe/Bun Baked Tator Tots Ketchup Bu Corn Mandarin Oranges Dill Chips-Ga Milk  Grilled Cheese Snd Tomato Soup Crackers Broccoli Applesauce	Hot Dog/Bun Shred Cheddar Chs Homestyle Bkd Beans Ketchup Mustard Tossed Sld/Drsg Chocolate Brownie Milk  Baked Ham Hashbrowns Bu Mixed Vegetable Wheat Bread/Marg Ice Cream	Tuna Salad Snd W Crm Of Broccoli Soup Crackers Three Bean Salad Apricots Milk  Tuna Salad Snd Sloppy Joe/Bun Bu Corn Cole Slaw Mandarin Oranges

Notes:

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Your Facility Name/Cycle/Year

Week 1 Monday

Regular		Mech Soft		NCS		Pureed	
<b>Breakfast</b>							
Orange Juice Blend	4 OZ	Orange Juice Blend	4 OZ	Orange Juice Blend	4 OZ	Orange Juice Blend	4 OZ
Creamed Wheat 1/2 C		Creamed Wheat 1/2 C		Creamed Wheat 1/2 C		Creamed Wheat 1 C	
Scrambled Egg	1/4 C	Scrambled Egg	1/4 C	Scrambled Egg	1/4 C	Egg/Tst/Marg-Pur 2/3 C	
Cinnamon Toast	1 SL	Cinnamon Toast	1 SL	Cinnamon Toast	1 SL	Strawberry Jam Pkt	1 EA
Whole Milk 8 oz Carton		Whole Milk 8 oz Carton		Whole Milk 8 oz Carton		Whole Milk 8 oz Carton	
<b>Noon</b>							
Baked Chicken	1 EA	Baked Chicken-Grnd	1/3 C	Baked Chicken	1 EA	Chicken-SS Pur	1 SQ
Rice Pilaf.	1/2 C	Rice Pilaf.	1/2 C	Rice Pilaf.	1/2 C	Rice Pilaf-Pur	1/2 C
Broccoli	1/2 C	Broccoli	1/2 C	Broccoli	1/2 C	Broccoli-Pur	1/2 C
Cheese Sauce	1 OZ	Cheese Sauce	1 OZ	Cheese Sauce	1 OZ	Cheese Sauce	1 OZ
Roll/Marg	1 EA	Roll/Marg	1 EA	Roll/Marg	1 EA	Apple Crisp-Pur	1/2 C
Apple Crisp	1/2 C	Apple Crisp	1/2 C	Apple Crisp	1/2 C	Whole Milk 8 oz Carton	
<b>Evening</b>							
Hamburger/Bun	1 EA	Hamburger/Bun-Grnd	1/3 C	Hamburger/Bun	1 EA	Hamburger/Bun-SS Pur	1 SQ
Mustard	1 PKT	Hamburger Sauce	2 OZ	Mustard	1 PKT	Hamburger Sauce	2 OZ
French Fries	10 EA	French Fries	10 EA	French Fries	10 EA	French Fries-Pur	1/2 C
Ketchup	1 PKT	Ketchup Pkt 2 Ea		Ketchup	1 PKT	Ketchup Pkt 2 Ea	
Lettuce/Dressing Shrd 1 C		Lettuce/Dressing Shrd 1 C		Lettuce/Dressing Shrd 1 C		Tomato Juice	4 OZ
Apricots	4 HLV	Apricots	4 HLV	Apricots	4 HLV	Apricot Sauce-Pur	1/3 C
Whole Milk 8 oz Carton		Whole Milk 8 oz Carton		Whole Milk 8 oz Carton		Whole Milk 8 oz Carton	

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Regular	Mech Soft	NCS	Pureed
<b>Breakfast</b>			
Orange Juice Blend 4 OZ	X	X	X
Creamed Wheat 1/2 C	X	X	Creamed Wheat 1 C
Scrambled Egg 1/4 C	X	X	Egg/Tst/Marg-Pur 2/3 C
Cinnamon Toast 1 SL	X	X	NO
Milk 8 oz Carton	X	X	Strawberry Jam Pkt 1 EA X
<b>Noon</b>			
Baked Chicken 1 EA	Baked Chicken-Grnd 1/3 C	X	Chicken-SS Pur 1 SQ
Rice Pilaf. 1/2 C	X	X	Rice Pilaf-Pur 1/2 C
Broccoli 1/2 C	X	X	Broccoli-Pur 1/2 C
Cheese Sauce 1 OZ	X	X	X
Roll/Marg 1 EA	X	X	NO
Apple Crisp 1/2 C	X	Apple Crisp,Dt	Apple Crisp-Pur 1/2 C
Beverage of Choice	X	Beverage of Choice,Dt	X
<b>Evening</b>			
Hamburger/Bun 1 EA	Hamburger/Bun-Grnd 1/3 C	X	Hamburger/Bun-SS Pur 1 SQ
Mustard 1 PKT	Hamburger Sauce 2 OZ	X	Hamburger Sauce 2 OZ
French Fries 10 EA	X	X	French Fries-Pur 1/2 C
Ketchup 1 PKT	Ketchup Pkt 2 Ea	X	Ketchup Pkt 2 Ea
Lettuce/Dressing Shrd 1 C	X	X	Tomato Juice 4 OZ
Apricots 4 HLV	X	X	Apricot Sauce-Pur 1/3 C
Milk 8 oz Carton	X	X	X

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